



Dining for Women

**April 2011 Recommendations:  
Fair Trade Shopping, Books & Films  
Featured Program: Lotus Outreach International, Cambodia**

**This Month's Recommendations:**

- ♀ Fair Trade Shopping
- ♀ Books
- ♀ Videos & Films

**Fair Trade Shopping**

*Our thanks to Carolyn Mayers for Fair Trade Shopping Recommendations*



From **Hands of Hope**, very reasonably priced silk and cotton items - table runners, scarves, jewelry bags, and krama scarves - the Cambodian "bandanna"! All made by survivors of sex-trafficking.

<http://www.hands-of-hope.org/products.htm>

For all of your **Southeast Asian cooking needs**, this site simply cannot be beat!

<http://www.importfood.com/>



Lovely **silk scarves**.

<http://www.globalgoodspartners.org/cart/details.cfm?prodid=353>



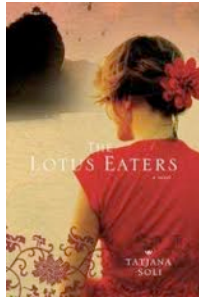


Not from Cambodia, but definitely worth checking out - **Women owned, very socially-conscious To-Go Ware's re-usable, portable bamboo utensils** (including chopsticks!) in a compact, recycled plastic carrying case. I have these, have given them a gifts and **HIGHLY** recommend them!  
[http://www.to-goware.com/store/cart.php?m=product\\_list&c=7](http://www.to-goware.com/store/cart.php?m=product_list&c=7)

## Books

### Fiction

***The Lotus Eaters* by Tatjana Soli** (St. Martin's Press, 2010 )

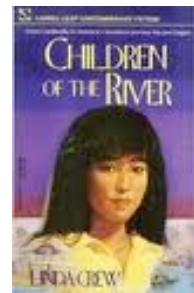


This acclaimed novel features a female war photojournalist in Vietnam and Cambodia in the early 1970's. *New York Times* Notable Book 2010 and *New York Times* Bestseller.

***Children of the River* by Linda Crew** (Laurel-Leaf Books, 1989)

"A short novel targeted mainly toward high school audiences, this book is entertaining, well-written, carefully plotted, and very accurate in its portrayal of the experiences of younger Cambodian refugees." -

<http://www.mekong.net/cambodia/reading.htm>



***O! Maha Mount Dangrek* by Venerable Ly Van and Samkhann C. Khoeun**

A volume of poetry by a Cambodian monk that explores the killing fields.  
<http://www.mekong.net/cambodia/reading.htm>

### Nonfiction

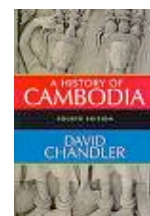


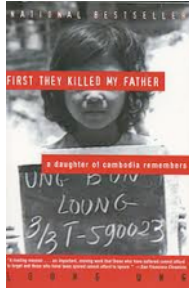
***When the War Was Over: Cambodia and the Khmer Rouge Revolution* by Elizabeth Becker** (Simon and Schuster, 1986)

A heart-rending history of modern Cambodia. "This journalistic history of modern Cambodia is indispensable for understanding our times and the noble and terrible sides of modern man. It is a powerful and important book." --*The Washington Post Book World*.

***A History of Cambodia* by David P. Chandler** (Westview Press, 1992)

A single-volume history of Cambodia, from the early civilizations of Funan and Angkor, to the early 1990s. Chandler is arguably the West's foremost authority on Cambodia.



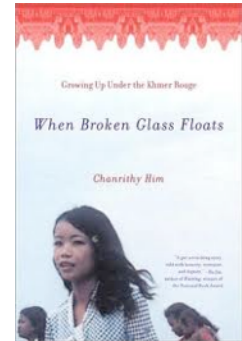


***First They Killed My Father: A Daughter of Cambodia Remembers* by Loung Ung (Harper, 2001)**

Ung was only five when the Khmer Rouge stormed the city and forced her family to flee. They sought refuge in various camps, hiding their wealth and education, always on the move and ever fearful of betrayal. Ung's story of starvation, forced labor, beatings, attempted rape, separations and the deaths of her family members is one of horror and brutality.-- <http://www.mekong.net/cambodia/reading.htm>

***When Broken Glass Floats: Growing up under the Khmer Rouge* by Charithy Him (W.W. Norton, 2000.)**

"Born in Cambodia in 1965, Him lived from the age of three with the fear of war overflowing from neighboring Vietnam and suffered through the U.S.'s bombing of her native land. However, thanks to her loving and open-minded family, her outlook remained positive--until 1975, when the Khmer Rouge seized control and turned her world upside down. Armed with a nearly photographic memory, Him forcefully expresses the utter horror of life under the revolutionary regime. Evacuated from Phnom Penh and and shunted from villages to labor camps, her close-knit family of 12 was decimated: both parents were murdered, and five of her siblings starved or died from treatable illnesses. Meanwhile, the culture of local communities was destroyed and replaced with the simple desire to survive famine... Him finds herself surprised when she encounters remnants of humanity in people, for she has learned to live by mistrusting, by relying on her own wits and strength. When the Khmer Rouge were overthrown, Him moved to a refugee camp in Thailand. Today she works with the Khmer Adolescent Project in Oregon." --*Publishers Weekly*



## Films & Videos



***The Killing Fields***

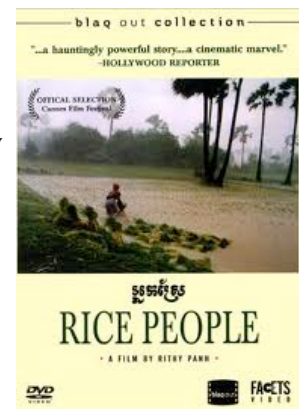
A 1984 British drama film about the Khmer Rouge regime in Cambodia, based on the experiences of two journalists: Cambodian Dith Pran and American Sydney Schanberg. The film won three Academy Awards.

[http://en.wikipedia.org/wiki/The\\_Killing\\_Fields\\_%28film%29](http://en.wikipedia.org/wiki/The_Killing_Fields_%28film%29)

***Rice People***

A docudrama, *Rice People* (1994) was in competition at the 1994 Cannes Film Festival, and was submitted to the 67th Academy Awards for Best Foreign Language Film, the first time a Cambodian film had been submitted for an Oscar. "This mournful drama by

Rithy Panh follows the plight of Cambodian rice farmers who struggle to survive after the death of their family patriarch. Based on a novel by Shahnnon Ahmad, the film features breathtaking shots of the rural countryside plus tender and moving characterizations of each of the family members. '...a hauntingly powerful story... a cinematic marvel' (Hollywood Reporter). In Khmer with English subtitles." --<http://www.1worldfilms.com/Cambodia/ricepeople.htm>



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*The Washington Post Book World*

*Publishers Weekly*

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Changing the world one dinner at a time