



Dining for Women

September 2011 Recommendations: Fair Trade Shopping, Books & Films Featured Program: The Fistula Foundation, Ethiopia

This Month's Recommendations:

- ♀ Fair Trade Shopping
- ♀ Books
- ♀ Videos & Films

Fair Trade Shopping

Our thanks to Carolyn Mayers for Fair Trade Shopping Recommendations.



Ethiopian coffee is superb! One of my favorite coffees from my favorite coffee companies:

<http://www.groundsforchange.com/shop/product.php?pid=61>

One of these would make a great bread basket!

http://www.anansevillage.com/home/ana/page_588_33/gambela_basket.html



Fabulously beautiful scarves, towels, blankets, all hand woven by Ethiopian women, sold by a wonderful company run by women - Creative Women. This link will take you to their list of retail outlets, including online. The Sasu scarves sometimes contain silk spun by the women recovering at the Fistula Foundation Hospital!

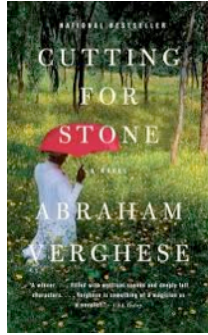
<http://www.creativewomen.net/index.php/stores.html>



Recommended Books

Fiction

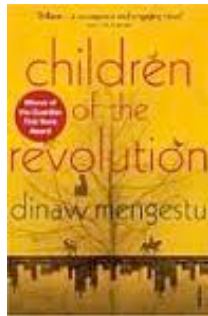
[Cutting for Stone](#) by Abraham Verghese



Marion and Shiva Stone are twin brothers born of a secret union between a beautiful Indian nun and a brash British surgeon. . . the twins come of age as Ethiopia hovers on the brink of revolution. Moving from Addis Ababa to New York City and back again, *Cutting for Stone* is an unforgettable story of love and betrayal, medicine and ordinary miracles—and two brothers whose fates are forever intertwined.

[Beneath the Lion's Gaze](#) by Maaza Mengiste

An epic tale of a father and two sons, of betrayals and loyalties, of a family unraveling in the wake of Ethiopia's revolution. The story opens in Addis Ababa, Ethiopia, 1974, on the eve of a revolution.

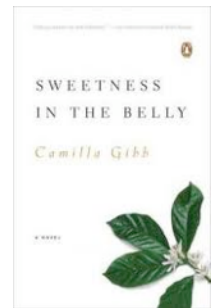


[Children of the Revolution](#) by Dinaw Mengestu

This novel tells the story of Sepha Stephanos, a man who fled to America to escape the violence of Ethiopia's communist revolution after witnessing his father's death at the hands of junta soldiers. Seventeen years later, running a struggling convenience store in a once grand but now dilapidated neighborhood of Washington DC, Stephanos is still trying to find his place in the new world.

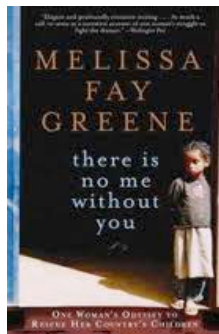
[Sweetness in the Belly](#) by Camilla Gibb

A poignant and intensely atmospheric look beyond the stereotypes of Islam. After her hippie British parents are murdered, Lilly is raised at a Sufi shrine in Morocco. As a young woman she goes on pilgrimage to Harar, Ethiopia, where she teaches Qur'an to children and falls in love with an idealistic doctor. But even swathed in a traditional headscarf, Lilly can't escape being marked as a foreigner. Forced to flee Ethiopia for England, she must once again confront the riddle of who she is and where she belongs.



Nonfiction

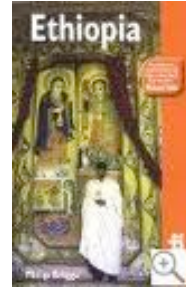
[There Is No Me Without You: One Woman's Odyssey to Rescue Her Country's Children](#) by Melissa Fay Greene



Two-time National Book Award nominee Melissa Fay Greene puts a human face on the African AIDS crisis with this powerful story of one woman working to save her country's children. After losing her husband and daughter, Haregewoin Teferra, an Ethiopian woman of modest means, opened her home to some of the thousands of children in Addis Ababa who have been left as orphans. *There Is No Me Without You* is the story of how Haregewoin transformed her home into an orphanage and day-care center and began facilitating adoptions to homes all over the world, written by a star of literary nonfiction who is herself an adoptive parent.

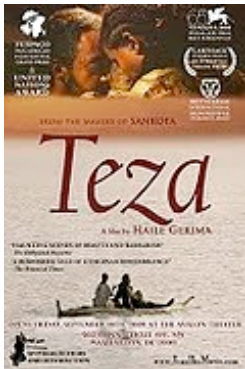
[Ethiopia, 5th \(Bradt Travel Guide Ethiopia\)](#) by Philip Briggs

Ethiopia is an uplifting, inspirational country which confounds expectations. It's no featureless desert but a land of majestic landscapes surrounding a vast, fertile plateau. The rock-hewn churches in its medieval capital, Lalibela, are regarded by many as the eighth wonder of the world. Its people are welcoming, proud and besotted by their own culture and history. Bradt's *Ethiopia* is a thorough guide available to this country rich in culture, history and dramatic scenery.



Films & Videos

Teza (2008)



One man's journey through three decades of political uproar in Ethiopia sets the stage for this independent historical drama. Anberber (Aaron Arefe) was born and raised in Ethiopia, but he became disillusioned with the poverty and political turmoil of his country, and in the 1970s he relocated to Germany to study medicine. As Anberber completed his medical training in Europe, he planned to return to Ethiopia and use his knowledge to help battle disease and raise the standard of living at home. But when he arrived in 1989, just as the collapse of the Berlin Wall was changing the face of global politics, he found an Ethiopia in even worse straits than when he left. *Teza* was an official selection at the 2008 Venice Film Festival and Toronto Film Festival. ~ Mark Deming, *Rovi*

Beyond Borders (2003)

Angelina Jolie and Clive Owen story about international aid workers set in Ethiopia, Cambodia and Chechnya.



Endurance (1998)

This U.S.-British docudrama is about Ethiopian long-distance runner Haile Gebrselassie, who won the gold medal in the men's 10,000-meters race at the 1996 Atlanta Olympic Games. At his native village of Asela, he ran 12 miles daily to school, and when fellow Ethiopian Miruts Yifter won the 10,000-meter race at the 1980 Moscow Olympics, Haile was inspired and became a serious runner at 17, moving to Addis Ababa to begin training.

