

# Partnership for a Healthy Planet

## A Clinic and a Community



HEALTH IN HARMONY  
SAVING FORESTS • SAVING LIVES



[www.healthinharmony.org](http://www.healthinharmony.org)

# **HEALTH IN HARMONY**

**is a small organization with a big idea.**

***We want to become a MODEL  
for saving rainforests  
around the world.***

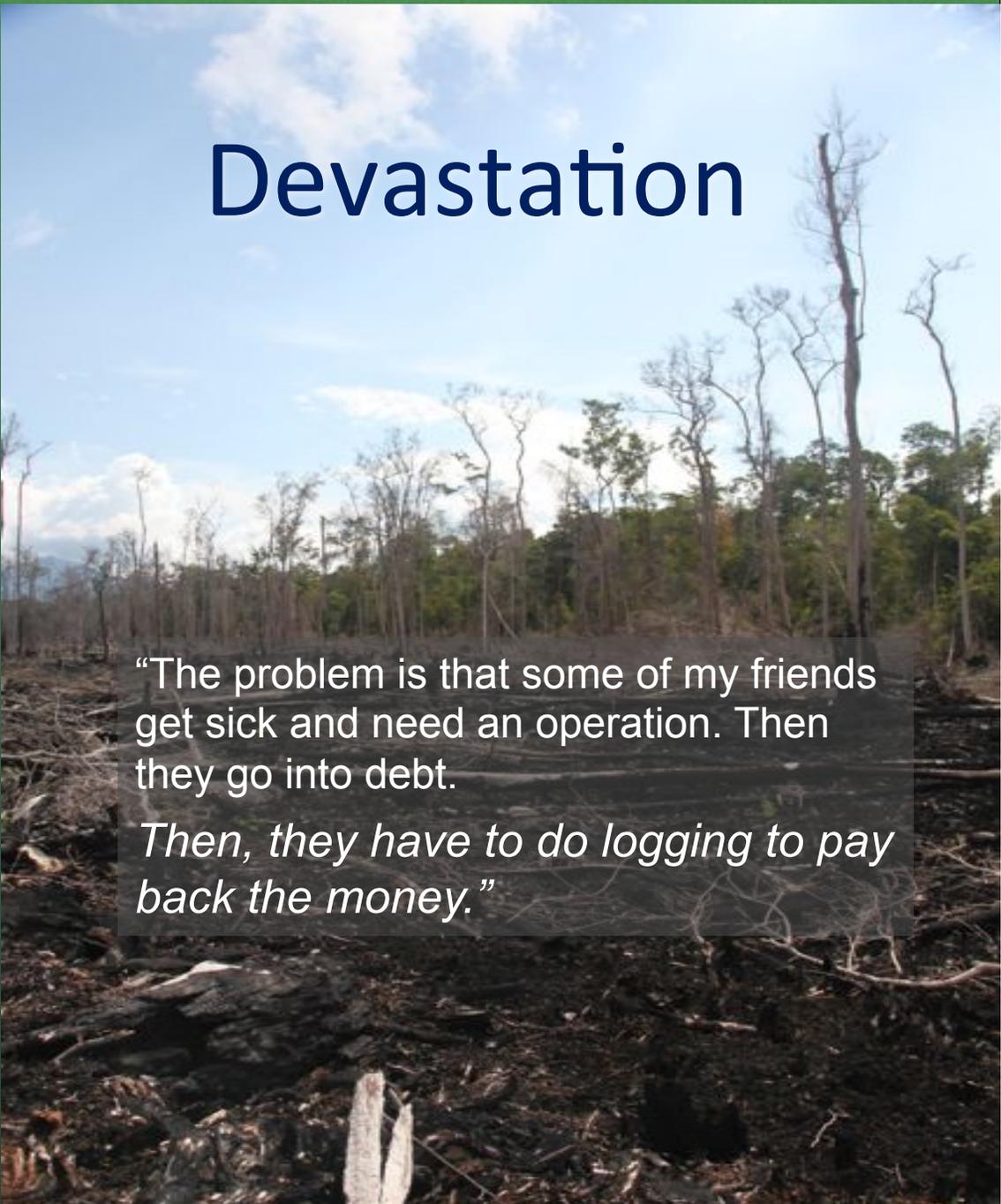
# Saving the Rainforest

**Indonesia's rainforests are rapidly disappearing.**

**Even where the forest is protected by law, many villagers may still do LOGGING – when they don't have any other way to survive.**



# Devastation



**Deforested land** is an unhealthy environment, subject to flooding and erosion. Flooding fosters mosquito-borne diseases (malaria and dengue fever).

Villagers in Kalimantan do NOT want to see their forests destroyed.

But when a household has big medical bills -- when a child gets sick, or someone is injured -- LOGGING may be the only way they can pay those debts.

“The problem is that some of my friends get sick and need an operation. Then they go into debt.

*Then, they have to do logging to pay back the money.”*

# Project ASRI

**In 2007, Health In Harmony established Project ASRI in Kalimantan (Borneo), Indonesia**

-- an innovative model for  
community-based  
environmental  
conservation.



# A Brief History

As a young American doing research in the Borneo rainforest, Kinari Webb asked the local people what they needed most. Their answer was clear: “We need good *medical care* that we can afford.”

So Kinari did what anyone would do – she went to medical school, became a doctor, established a foundation (Health In Harmony), and opened a clinic to serve people in Borneo!

For Kinari, this was just a way of saying “Thank you for helping to preserve the rainforest.”



Dr. Kinari Webb (right), with a doctor and patient at the clinic

# The HIH Mission



Health In Harmony is committed to supporting the inherent connection between human and environmental health.

We work with local communities to provide high-quality, low-cost healthcare, while integrating sustainable, locally designed conservation and livelihoods programs.

We promote a shared commitment to protect vital natural resources.

# Healthy communities can conserve the environment

Health In Harmony works with local communities to conserve the rainforest, in two important ways:

1. We provide training in ORGANIC FARMING and other livelihoods – so households can increase their income without cutting down new farmland.
2. And we provide affordable MEDICAL CARE – so that NO family has to go into debt if they have a health emergency.

While saving lives, Health In Harmony is working to **Ensure Environmental Sustainability (MDG #7)**.

# Breaking the cycle of ill health

## 1 – Health care

**The ASRI clinic** provides low-cost, high-quality healthcare for all. Patients can pay with goods or services.

## 2 – Organic farming

**Organic farm training** discourages slash-and-burn agriculture, reduces use of pesticides, and improves income.

## 3 – Goat-raising

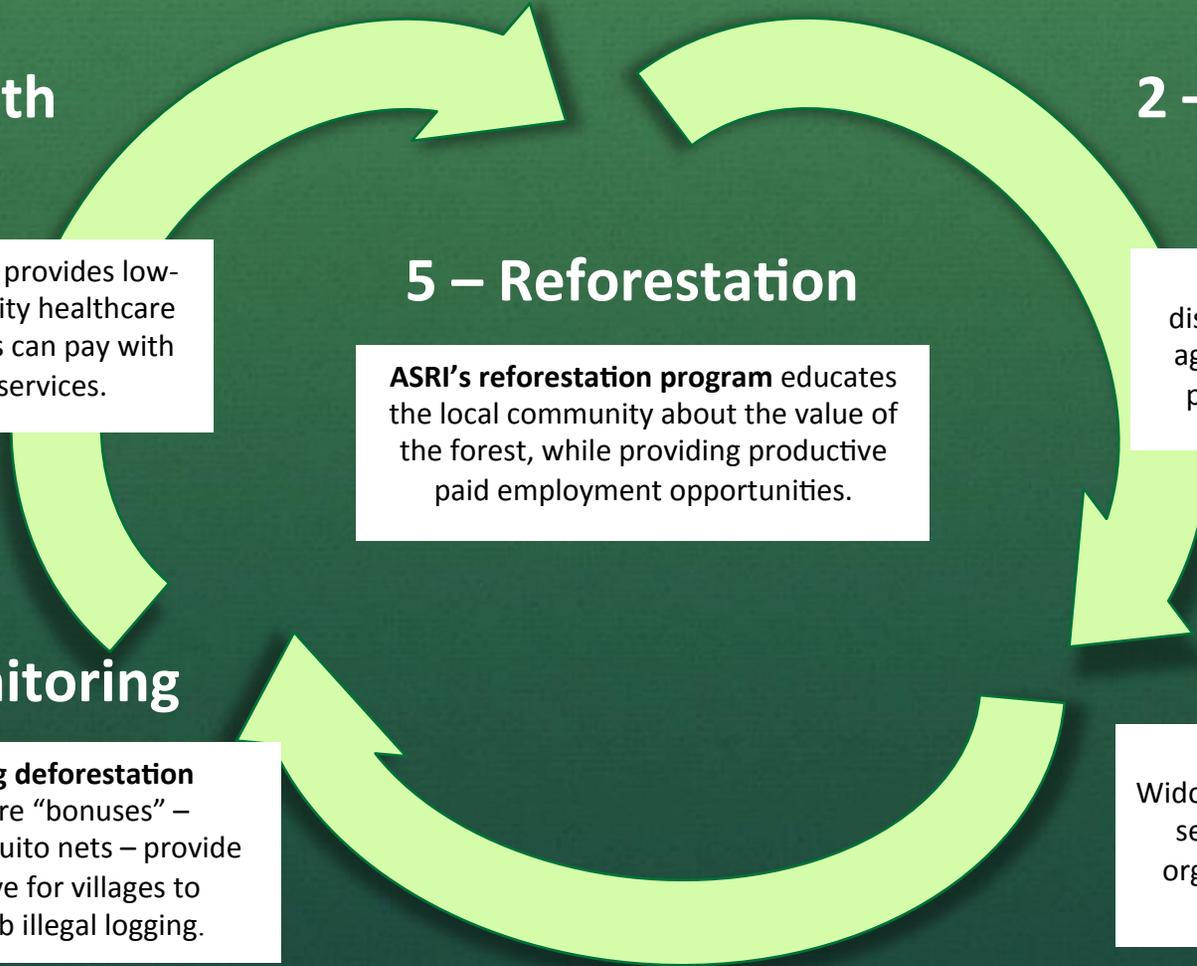
**Goats for Widows**  
Widows receive a pair of goats; selling bags of manure to organic farmers gives them steady income.

## 4 – Monitoring

**Monitoring deforestation**  
Special healthcare “bonuses” – discounts, mosquito nets – provide a strong incentive for villages to monitor and curb illegal logging.

## 5 – Reforestation

**ASRI’s reforestation program** educates the local community about the value of the forest, while providing productive paid employment opportunities.



# Our communities

Project ASRI serves the communities surrounding the Gunung Palung National Park – a protected rainforest preserve. There are 60,000 people living in the area, almost all below the poverty level of \$2 a day.

Health problems such as tuberculosis and malaria are prevalent in the region. The nearest hospital is two hours from the town – and many more hours away, for the remote villages in the area.

With increasing deforestation, water scarcity will become a serious problem. Project ASRI *educates* and *empowers* local communities to become partners in conserving the rainforest.

# Goats-For-Widows Program

Most widows in this area lack economic resources.

Project ASRI provides each widow one pair of goats, plus training and assistance. In return, the widow will pay back one baby goat, as well as some bags of manure for ASRI's reforestation.

Selling manure to neighboring organic farmers provides the widows with a steady income -- and a new status.



# ASRI training



One of our volunteers, an American dairy farmer, gives the widows basic information about caring for their goats.

Sitting to his right is ASRI's outreach specialist, who translates for him.

ASRI's goat coordinator will provide hands-on assistance and follow-up advice.

# Sustainable impact

The widows can also sell baby goats for income.

ASRI will train a local coordinator, who may over time facilitate a self-sustaining program of “lending” baby goats to new participants, for deferred payment.



# Kitchen gardens



The widows are also learning how to raise vegetables using compost, in their own yards.

Good nutrition is part of the ASRI training.

The widows and their families have better diets as well as higher income.

# Families benefit



For some of the widows, raising goats provides the means to buy school uniforms and pay the fees to send their children to school.

One mother had been teaching her children to read – by writing with charcoal on the wall of her house. Her children are now going to school.



Saving Lives, Saving Rain Forest

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