



Dining for Women - Bumi Sehat
Interim Report 2015
Gentle Safe Free Childbirth
at Bumi Sehat Bali



Program : Gentle Safe Free Childbirth at Bumi Sehat Bali
Grant amount : USD 45,000

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***Yayasan Bumi Sehat means Healthy Mother Earth Foundation.
We believe in people's access to quality healthcare, education
and food security, as basic human rights. We believe that each
individual is an essential societal component of peace.***

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Dear Dining for Women Family,

Recap: Our DFW grant purpose is to cover the modest salary of the our staff midwives at Bumi Sehat Bali, for one year, also to support essential life-saving medicines and supplies used in childbirth.

EXPECTED OUTCOME: Healthy Mothers and Babies, women empowered by the respect paid them while pregnant, birthing and postpartum. The Bumi Sehat model of compassionate, culturally appropriate, gentle, kind, free, Woman-to-Woman, Midwife-to-Mother care, including free transport to and from our clinic any time of day or night if needed, 24/7 365 day each year; solves the problems women face when seeking reproductive healthcare, as described above. By demonstrating this woman-friendly model of care since 1995, Bumi Sehat has begun to effect positive changes on the entire medical community and methods of practice, softening other medical professionals to be more woman and child friendly. We cannot count the #s of women whose lives are actually saved by our services, but many suffer complications that could be life threatening. Our midwives handle these events calmly and skillfully, while maintaining respect for each woman, often the new mother and her family do not even know how close a call it was.

Bumi Sehat has not made significant changes in our Vision and Mission; we continue to serve women and children with devotion, via our Midwife-to-Mother & Baby model of care. This has always been the objective of Yayasan Bumi Sehat, with the help of DFW, we are meeting our ongoing goals to serve women and children in the childbearing condition. Because Bali, Indonesia is a low resource and high risk setting where mothers are concerned, this is so very important.

Progress: Can only be measured in the childbirth outcomes... 186 gentle births so far this year, 2,171 prenatal check-ups, 687 mothers attended our free prenatal yoga, the Bumi Sehat lab checked 713 people, we did 276 postpartum exams and 306 neonatal check-ups. What cannot be counted are the hugs, the smiles, the tears of gratitude, when a mother tells us that she was afraid to give birth, because she had no money to pay. In Indonesia a mother may not take her baby home from hospital, until the bill is paid in full. At Bumi Sehat, our services are all free. Families, who have means, may make a donation. However, no one coming to Bumi Sehat need ever worry about costs.



January - June 2015

Prenatal check up	2,171
Birth at Bumi Sehat	186
Home Birth	15
General	1,973
Acupuncture	1,845
Pediatric	213
Alternative Madicine	34
Capacity Buildding	6,357
Youth Centre	870
Prenatal Yoga	687
Refer to Hospital	18
Ambulance	145
Lab checking	713
Post Partum	276
Neonatal	306
Total patients and human service	15,809

Outcomes: In the first six months of 2015, with the help of Dining for Women, the Bumi Sehat Midwifery Team has been able to help so many mothers have healthy pregnancies, births and postpartum. In addition, 100% of the babies born at Bumi Sehat have been breastfed. This insures optimal health and intelligence plus much better quality of life for each child. Because of the skill and loving attention of our midwives, healthier mothers and babies have been achieved.



Challenges: There is much to tell you about 2015 so far. The biggest news is that the much awaited, Bumi Sehat Bali clinic is under construction! This has been a very big challenge, for all the while we have prepared to build the new clinic, Bumi Sehat has been committed to never interrupting patient care. Because of the Dining for Women Grant, our Midwife-to-Mother & Baby care has continued seamlessly.



Our builder plans to be moving us into the new clinic by August 2016, just in time, because the lease on our original building is finished. Watch the Bumi Sehat FaceBook page, for ongoing updates and photos of the construction

Unexpected funding and happy changes:

WE know DFW is interested in any changes in the Bumi Sehat programs concerning women and children. A very good change, or rather an expansion is the addition of three new Scholars, all from underprivileged backgrounds, all striving to be of service to humanity. Bumi Sehat, with the help of Sokasi Banten, HRA Pharma in France and Jenny Burgess Foundation has added 3 new Students to our Scholarship program:

Irmawati Woneulangu



She is from a displaced family, who migrated to Bali, to find livelihood, only to find more challenges, is seeking her degree in Midwives.

She was a Bumi Sehat born baby. She ranked tops in her entrance exams, despite many challenges. She will make a fine Midwife.



Ni Luh Gede Dila Nirmalasari



I Putu Agus Arya Semara Putra

Agus is from Pupuan, a mountain farming community, where there is no medical care for the people. Despite the struggle of being a farming family, Agus was able to finish high school, with top honors. His parents are so happy that he has this opportunity to become a nurse, and serve his people. Normally Bumi Sehat does focus our scholarship grants on education for girls, however, Agus is so very devoted to service of humanity, and the need is so great in his village, we felt he also deserved to attain his dream to become a nurse



This is Sabita Bhattaral, our Bumi Sehat Scholar from Nepal...

Sabita's family was crushed under their stone house, in Sindhupalchok, the area hardest hit by the earthquakes. Grandfather died, Mother is badly injured. Her Father has a permanent spinal injury he is paralyzed. Her sister covered her baby with her own body, as the stone house fell on them. Baby was unharmed, the young mother's leg was later amputated. In the face of so much loss this young woman has been serving as a paramedic in the Naubise Public Health Center, working day and night. Because of Bumi Sehat's donors Sabita is now in nursing school, and will achieve her dream to become a Skilled Birth Attendant, serving her people.



As you know Nepal suffered devastating earthquakes in April and May of 2015. Within an hour of the 1st quake, Direct Relief, was on the phone with me. “Are you going?” they asked, knowing that Bumi Sehat is always the best first responder, caring for the pregnant mothers and newborn babies in the wake of disaster. We teamed with One Heart World Wide and off I went to bring the Bumi Sehat model of care to another heartbroken country. On May 12th I was in Nepal, when disaster struck again, with a 7.3 earthquake.

With your generous support we were able to set up a Childbirth Center in Dhading District, upcountry from Kathmandu, beside the destroyed government health center. We worked with the Nepalese Skilled Birth Attendants, in two tents, lit by solar lanterns. The women came from far and wide, to safely, gently give birth.



This is Dewi, who arrived in a half-broken ambulance, from Bhumistan, in hard labor. She had had no previous prenatal care. The moment we saw her Nepalese Midwife Shanti, and I looked at each other and said, “Twins!”

Within minutes of her arrival, Dewi was holding a baby boy. We learned from her mother that Dewi was 16 years old, and had already lost her first child, a few months earlier, to pneumonia.

The second coming baby was in distress, Dewi to pushed with great strength, and a tiny baby girl arrived. This baby needed help breathing, but soon took to life. Dewi hemorrhaged critically. Had we not been there, and had the ambulance tired to push on to Kathmandu, Dewi and the second coming baby, would have perished along the way. There are many stories of Nepal, but this one stands out, because without question, Bumi’s partnership with One Heart, and our generous donors saved two precious lives.

I will share one sad story, of a mother Maria, who we do not have a photo of. She was from Sumba, only 17 years old, so poor that she never had even one prenatal check-up. The morning her labor began, she and her unemployed husband had just heard of Bumi Sehat, they walked in the rain, for nearly three hours to reach us. Sadly, they did not know that we would be happy to pick them up. They had no phone, and were so malnourished that when they arrived we could smell ketone on the mother's breath, this only happens when a person does not eat for many days.

We Bumi Sehat midwives greeted Maria warmly, we gave her and her husband a towel and dry clothes. When we examined Maria, we could not find a heartbeat, Maria had not felt her baby moving for four days. Our ultrasound confirmed that Maria's baby had already died, even before birth. Words cannot describe the sorrow and the difficulty in conveying this sad fact to Maria.

This couple had no family in Bali, no money and no home. We not only helped with the birth/ death, but Bumi Sehat contacted a minister of their religion, and we paid for the funeral. Pastor Hans and his wife, Tanti had their own babies at Bumi Sehat. They were happy to help. The community has now found a small home for Maria and her husband, and he now has a job. Our midwives are providing Maria with nutritional support with free vitamins, in the hope that if she becomes pregnant, the baby will survive. This baby died of poverty. We only wish Maria had found us sooner, we will always wonder, if with support, food, vitamins, a home... would her beautiful baby girl have survived? We cannot count the ones we save, but with your help, they are many.



Thank you so much DFW, it has been a fruitful first half year of support from you. We still remember the first visit, years ago, when your group came to see us at Bumi Sehat. This has blossomed into real care for real women and children in need. Thank you for keeping our Vision and Programs alive, this year as we face the challenge of building our new clinic, racing to complete it, before the least runs out in 2016, on the current clinic.

You are the Heart of Bumi Sehat Foundation. Together we Shine a Light toward a more Wonderful World of Women and Children.

Love, Ibu Robin and Team Bumi Sehat Bali

Robin CPM



Thank You