



Featured program for October 2014

Gentle Safe Free Childbirth at Bumi Sehat Bali



Dining for Women



Changing the world one dinner at a time

What are we supporting?

DFW will support Gentle Safe Free Childbirth at Bumi Sehat Bali

The \$45,000 grant pays for one year of:

- Salaries for 11 midwives – four senior midwives and 7 junior midwives
- Life-saving medications and medical supplies used in childbirth



Life Challenges of Women and Girls

Poor and rural women in Bali often do not seek adequate reproductive health services for a number of reasons - economic, cultural, limited access due to lack of transportation, and fear of abuse in medical settings.

Reproductive health care requirements are many:

- * Cervical cancer screening
- * Sexually transmitted infection screening
- * HIV testing
- * Prenatal care
- * Childbirth services
- * Breastfeeding support



The poorest women are most affected.

The Program

The Bumi Sehat model of **compassionate, culturally appropriate, gentle, kind, free, Woman-to-Woman, Midwife-to-Mother care**, including free transport to and from the clinic any time of day or night if needed, **24/7 365 day each year**; solves the problems women face when seeking reproductive healthcare.

By demonstrating this woman-friendly model of care, **Bumi Sehat has begun to effect positive changes on the entire medical community and methods of practice**, softening other medical professionals to be more woman and child friendly.

Many women suffer complications that could be life threatening. **Bumi Sehat midwives handle these events calmly and skillfully, while maintaining respect for each woman** - often the new mother and her family do not even know how close a call it was.

Program Budget

Cost: \$93.75 each to serve 480 mothers

2014 Budget for Project: Gentle Safe Free Childbirth at Bumi Sehat Bali		
Salaries		
Senior midwives	4 @ \$325/month	\$15,600.00
Junior midwives	7 @ \$210/month	\$17,640.00
	Total Salaries	\$33,240.00
Monthly medicine & supply expenses (childbirth only, calculated by average use per mo.)		
Lidocaine	\$22 per 100 doses	\$22.00
IV Giving Sets	\$4.50 x 18	\$81.00
IV Fluids	\$6 x 2 x 20	\$240.00
Oxytocin (Pitocin)	\$55/box x 2	\$110.00
Misoprostol	\$5 per tablet x 4 per patient x 10	\$200.00
Non-sterile gloves	\$3 per box x 61 per month	\$183.00
Sterile gloves	\$1.25 per pair x 2 per birth x 40	\$100.00
3cc and 10cc syringes	\$.55 x 2 per birth x 40	\$44.00
Total average per month - Childbirth meds and supplies		\$980.00
	x 12 months	\$11,760.00
	Total Grant	\$45,000.00

Why we Love this Program

Bumi Sehat incorporates homeopathic methods along with standard medicine to ensure the safe and humane treatment of women before, during and after childbirth.

“Natural childbirth allows the hormones that have been working for women for thousands of years to fulfill their functions. This is more important than just helping a woman through labor and delivery. Birth-related hormones also affect well-being much later in life.”

Janet Schwegel, editor,
Adventures in Natural
Childbirth



About the Organization

Robin Lim moved to Bali from the U.S. after the loss of her sister during childbirth. When Robin was pregnant, she sought woman-centered birthing attendants and was disappointed with the choices in Bali. She founded Bumi Sehat in 2003 to provide **safe and gentle childbirth, primarily for poor women.**



What began as door-to-door midwife service to poor women in Bali has expanded into a foundation that operates broadly to provide safe and natural midwifery services and other health care through a **clinic open 24 hours per day, 365 days per year.**

Where they Work

Indonesia is the world's largest country comprised solely of islands – there are 17,508 islands in the archipelago, some 6,000 of which are inhabited. The island of Bali, just 95 miles east to west, is home to most of Indonesia's Hindu minority.

Demographics:

- Life expectancy = 71 years
- Fertility Rate = 2.1 children per woman
- 75.6 percent of males age 15 and over can read – 54.5 percent of females



Questions for Discussion

Care to share your thoughts?

1. Chapter members who want to do so could share their experiences with natural childbirth vs. more institutionalized experiences.
2. Beyond economic considerations, what are reasons some women may not seek reproductive health care?
3. How does the way a woman gives birth effect the rest of her life?



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