



April 2018 Featured Grantee: African Women Rising



Uganda

Introducing African Women Rising

AWR supports women who have suffered through war. This grant helps women in Northern Uganda, including South Sudanese refugees, increase food security by teaching them to grow their own food through permagardens.



Where in the world?

- Population 35 million
- About the size of Oregon
- One of the fastest growing populations in the world
- Median age 15 years old
- One of the world's poorest countries
- Women spend 9 hours/day on household chores
- Rampant gender inequality
- Mostly plateaus rimmed with mountains
- 80% employed in agriculture



What are we supporting?



DFW's \$50,000 one-year grant covers staff, supplies, training, and monitoring for AWR's permagardening techniques program.

**Direct Impact: 400
Indirect Impact: 2,800**

Life Challenges of the Women Served



Women and girls who have endured wars face grueling futures. Many are widows, orphans, girl mothers, abducted, raped, tortured, and HIV-positive.

There are 900,000 South Sudanese refugees in Uganda; 64% are younger than age 18, 86% are women and children.

Life Challenges of the Women Served



Food insecurity and famine are common, and climate change makes growing conditions more challenging.

Severe climatic fluctuations in recent years have affected field crop production. Unseasonal floods and intra-seasonal drought have kept yields lower than anticipated.

Refugees put strain on Ugandan resources, which increases the risk of internal tensions.

Budget

How DFW's one-year grant of \$50,000 will be used:

| Item | | Total |
|-------------------------|--|-----------------|
| Staff | Agricultural officer and instructor, Community Mobilizer, | \$15,000 |
| Supplies | Classroom materials, curriculum, certificates and garden startup kits | \$29,000 |
| Training | Permagardening training for instructors | \$500 |
| Equipment | Computer, tool kits | \$500 |
| Monitoring & Evaluation | Monthly monitoring meetings | \$5,000 |
| TOTAL EXPENSES | | \$50,000 |

About the Featured Grantee

Linda and Thomas Cole started AWR in 2006 after studying and working in Africa for 10+ years. AWR provides education for adults and girls, microfinance programs, and agriculture education that includes natural resource management through organic field crop and permagardens. AWR's first program assisted 150 women; today the organization serves 4,500 people every year.



About the Featured Grantee



Permagardens focus on wise use of local resources, water conservation and long-term soil fertility to produce a variety of nutritious, accessible crops.

The program draws from best practices and lessons learned from thousands projects around the world, including interventions that can mitigate the impacts of climate change such as fluctuations in temperature and rainfall.

Permagardens work hand-in-hand with field crops as an insurance policy against crop failure.

Share Your Thoughts

1. How will permagardening benefit women beyond easing hunger? Could it help heal emotional wounds?
2. What are the long-term benefits, especially for the two-thirds who are children?
3. How does this program fit in with the microfinance movement?



Changing the world one dinner at a time

Dining for Women | P.O. Box 25633, Greenville, SC 29616 | www.diningforwomen.org

April's Sustained Grantee: Health in Harmony

Health in Harmony works with local communities to provide high-quality, low-cost healthcare, while integrating sustainable, locally designed conservation and livelihoods programs — promoting a shared commitment to protect vital natural resources.

DFW's sustained grant of \$20,000 per year in 2016 – 2018 helps women become catalysts for rainforest conservation through four complementary initiatives: leadership training and support, organic vegetable gardens, small businesses for wives as their husbands transition from logging, and goats for widows to improve their financial independence.

