April 2022 Featured Project

Breaking the Cycle of Undernutrition in Haiti
Introducing Second Mile Haiti

Breaking the Cycle of Undernutrition in Haiti

Fights childhood malnutrition and improve outcomes for children

• holistic, caregiver-centered approach
• meets immediate needs for food and health care
• invests in families through education, training, and income-generating activities
About Haiti

• Population 11.2 million, about the size of Maryland
• Poorest country and highest rate of maternal, infant, and child mortality in Western Hemisphere
• Prone to natural disasters, political uncertainty
• 4 million experience severe food insecurity; 10% of children under 5 underweight
Life challenges for women in Haiti

- Desperate parents are giving up children to orphanages
- 2010 estimate: 1 in 10 children were living in an orphanage – even though 80% had living family members
- 1 in 12 children will not reach age 5; severe child malnutrition expected to double in next year
- Maternal & child health factors: poverty, lack of healthcare, neonatal complications, poor sanitation, untreated and infectious diseases
The Project

Holistic approach to fight childhood malnutrition and improve outcomes for impoverished families:

• caregiver-centered approach meets immediate needs of children with acute malnutrition

• invests in women through education, support, skill-building, and income-generating business

• addresses prevention and pathways to self-sufficiency for women, their families, and the broader communities

6,400 DIRECT BENEFICIARIES AND 11,026 INDIRECT BENEFICIARIES
The Project

1. Malnutrition Rehabilitation – Immediate nutritional and medical support; holistic rehabilitation for malnourished children and their caregivers in a semi-residential facility

2. Maternal and Newborn Health – Comprehensive prenatal care, midwifery, safe place to give birth, and more.

3. Community Education – family-centered, holistic, community-based education (nutrition and health, pregnancy spacing, gender-based violence, and more); successful graduates get an income-generating goat.
## Budget

<table>
<thead>
<tr>
<th>Item</th>
<th>Description</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Personnel</td>
<td>Staff salaries and wages</td>
<td>$20,250</td>
</tr>
<tr>
<td>Equipment</td>
<td>Equipment and tools needed for prenatal care and birth services, including electric sterilizer, ultrasound probe, Hemoglobin point-of-care testing machine, blood pressure monitors, stethoscopes, speculums, adult scale, infant scales, pediatric scales</td>
<td>$1,250</td>
</tr>
<tr>
<td>Supplies</td>
<td>Small business kits to the caregivers of formerly malnourished children, education curriculum, garden/farm (seeds, goats, etc.), health/hygiene (cleaning supplies and soap), nutrition (formula, milk, food), medical (medicines, emergency hospital fees, etc.)</td>
<td>$18,000</td>
</tr>
<tr>
<td>Telecommunications</td>
<td>Portion of phone communication costs to provide follow-up care to pregnant and postpartum mothers and caregivers of recovering children with malnutrition, including counseling and arrangements for emergency care</td>
<td>$500</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td></td>
<td>$40,000</td>
</tr>
</tbody>
</table>
About Second Mile Haiti

• Founded in 2011 by Jenn Schenk and Amy Syres (then ages 24 and 25), who had been living full-time in northern Haiti and volunteering at an infant care center and orphanage.

• Community-based organization: all work occurs on the ground in Haiti, every employee lives in Haiti and 96% were born there.

• Accomplishments:
  • Housed 1,615 children/caregivers for malnutrition rehabilitation
  • Conducted 6,122 follow-up visits with children/caregivers
  • Helped 482 caregivers start small businesses
  • Helped 539 caregivers start home gardens
1. Why does the problem of malnutrition demand a multi-dimensional approach?

2. “When women hold the bread, everyone eats.” What does this mean to you?

3. How do you think this project promotes gender equality?