

The Pangea Network
Kenya Women's Network Training of Trainers (KWN TOT)
Interim Report - September 2023

Project Information	
Organization Name	The Pangea Network
Project Title	Kenya Women's Network Training of Trainers (KWN TOT)
Grant Amount	\$50,000
Primary Contact Person	
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2. *Recap briefly what outcomes the project was designed to achieve.*

KWN TOT Project Outcomes

Our TOT Project outcomes are as follows:

1. **Training Expansion:** 15 trainers trained across six counties, who will subsequently train approximately 350 women increasing the annual reach from 115 women to 350 women within one year.
2. **Enhanced Life Skills:** 350 women with increased basic knowledge of critical life skills through comprehensive training in areas such as Human Rights, Leadership, and Personal Development within a year.
3. **Livelihood Improvement:** Improved essential livelihood knowledge and skills amongst the 350 women through training in Basic Business Skills and Bookkeeping.
4. **Health and Nutrition:** Improved overall health and nutrition levels amongst 350 women through training in Personal Hygiene, Basic Nutrition, and Reproductive Health.
5. **Economic Empowerment:** Improved access to funds for small business growth leading to increased income levels and improved living standards for at least 60% of the women trained. This is projected to result in an average decrease in the likelihood of poverty from 25.4% to 7.8%.

3. *Has funding changed for this project? For example, have you received unexpected funding from another source?*

Funding has not changed for this project.

4. *Is your organization or project situation different than presented in the approved proposal? For example, new executive director, significant project staffing changes or NGO affiliation, loss of large funding, or other significant changes?*

There is nothing occurring that is different than presented in the approved proposal.

The Pangea Network
Kenya Women's Network Training of Trainers (KWN TOT)
Interim Report - September 2023

5. Have the number of beneficiaries changed? To report this please refer to the original numbers in your grant proposal under Number of women and girls Directly Impacted and population Indirectly Impacted.

We successfully trained 17 trainers, surpassing our initial plan of 15. This achievement became possible due to cost-saving measures implemented within the project, enabling us to accommodate an additional two trainers in the program.

6. What challenges are you facing as you move forward with this project? How are you approaching these challenges?

Inclusion of two more trainers represents a valuable resource, which will empower an extra 50 women. Nonetheless, we are currently exploring strategies to address the financial challenges associated with accommodating these two additional groups.

We had planned to provide training opportunities to women within our KWN Network. Nevertheless, we encountered limitations related to their availability, stemming from factors such as age, illness, work commitments, and family obligations. In order to ensure the efficiency and effectiveness of our project, we decided to broaden our pool of trainers by including individuals from Pangea's ASRH program and various other networks.

7. Have you revised your original objectives since the project began? If so, why? What are your new objectives?

The Project has maintained its original objectives as:

- I. To enhance the skills of 15 Trainers and foster their local capacity development in their respective geographic regions.
- II. To impart knowledge and skills to 350 women through a six-month empowerment training program.
- III. To stimulate the growth or creation of 210 micro-businesses by facilitating access to business funding, empowering women to improve their own and their families' well-being.

8. What progress have you made toward achieving your objectives? Please address each stated objective.

KWN TOT Project Progress

Objective 1: Training of Trainers

The Pangea Network hosted a 10-day Training of Trainers (TOT) Summit spanning from 11th to 21st of June, 2023 at Milele Hotel in Nairobi, Kenya. Seventeen new trainers received comprehensive training, equipping them with knowledge, skills, and tools necessary to effectively facilitate upcoming training sessions. The curriculum covered various essential topics, including an introduction to The Pangea Network, strategies for teaching adult learners, fundamental principles of training. They received training on the curriculum itself (comprising subjects such as; Gender & Human Rights, Women & Leadership, Bookkeeping, Basic Nutrition, and Basic Business Skills), and practical teaching experience.

Additionally, we delved into preparation guidelines for training, outlined expectations for each training session, including documentation, reporting, and evaluation processes. The organization's priority was to ensure these newly-trained instructors were fully prepared to lead empowerment training initiatives.

1. Enhance trainers' familiarity with the curriculum they would be delivering to women's groups.

The Pangea Network
Kenya Women's Network Training of Trainers (KWN TOT)
Interim Report - September 2023

2. Boost trainers' confidence in their teaching abilities, enabling them to adeptly facilitate the KWN empowerment training programs.



Christine, a trainer from Homabay practice teaching

KWN Trainer Cohort Profile

Relationship to Pangea	Trainers Locality
* KWN Alumni: 7 Trainers	* Nairobi County: 3 trainers
* TUDAI Peer Educators: 6 Trainers	* Siaya County: 3 Trainers
* Our Networks: 4 Trainers	* Vihiga County: 3 Trainers
	* Homabay County: 5 Trainers
	* Kwale County: 3 Trainers

The Pangea Network
Kenya Women's Network Training of Trainers (KWN TOT)
Interim Report - September 2023



The 17 new Pangea trainers display certificates received after TOT

Training of Trainers Results

Surveys were administered to the trainers during the summit to gauge their knowledge levels and establish their ability to teach. The results indicate that, all 17 trainers had gained a deeper understanding of the curriculum and boosted their confidence in delivering the training. The KWN TOT summit achieved its mission of effectively equipping the trainers to deliver quality training to the women. (See the attached KWN TOT Evaluation Report).

Objective 2: Recruitment and training of new groups

We are currently in the process of meeting and vetting new cooperatives. In August 2023, our team held preliminary meetings with 11 cooperatives consisting of 342 women. We are still meeting and vetting new groups and plan to complete the selection process by end of September. The meetings enable us to better understand the cooperatives, their goals, activities, successes and challenges in order to customize our training to suit them. The selected groups will commence the KWN empowerment training from October 2023 to April 2023.

9. Do you anticipate any difficulties in completing your project in the timeframe outlined in your proposal?

Anticipated hurdles include political turmoil and the threat of natural calamities. Such situations have arisen in the past, prompting adjustments to schedules to safeguard the well-being of women and staff. Occasionally, monthly meetings or training sessions have had to be deferred, but they are promptly rescheduled, ensuring that activities can resume without disruption in the subsequent month.

The Pangea Network
Kenya Women's Network Training of Trainers (KWN TOT)
Interim Report - September 2023

TWR Expenses To-Date

THE PANGEA NETWORK - KENYAN WOMEN'S NETWORK TOT PROGRAM			
Training of Trainers TWR Expenditures To-Date			
		Actuals KES	Actuals USD
Intensive Training of Trainers for 17 TOT's			
Training Materials:			
(a) Training Manuals printed and binding		25,500	\$ 196
T-shirts and Bags		40,380	\$ 308
Transport to and from for Participants		68,000	\$ 519
Allowance for TOT's		85,000	\$ 649
Accomodations for intensive training		1,850,000	\$ 14,122
Printing of certificates		5,100	\$ 39
Sub-Total - Workshops		2,073,980	\$ 15,833

We are so grateful to the TWR community for bringing this project to life. Our 17 TOTs are now equipped with the knowledge, skills, and support to bring empowerment to women in each of their communities. We are ready and excited for the next phase and looking forward to sharing with you all the positive impact that you are having in the lives of these women and families. Deepest thanks from all of us at The Pangea Network!