TOGETHER WOMEN RISE
Collective action for global gender equality

GRANT SNAPSHOT
November 2026

Amal

Empowering Moroccan women from disadvantaged backgrounds through professional culinary training, life skills, and job placement.

MISSION ALIGNMENT
This project removes the most immediate barrier to participation – lost income – by funding living stipends that make full-time training possible. The program is practical, dignified, and built with the women it serves, resulting in exactly the kind of investment that turns potential into lasting opportunity.

$50K RISE GRANT FUNDED	**35** GIRLS & MOMS DIRECTLY SERVED
92% PROGRAM PARTICIPANTS EMPLOYED	**400+** GRADUATES TO DATE

What We Funded

Stipend and portion of daily meals — A monthly stipend and daily meals for a full cohort of 35 training participants

Every trainee also receives:

- culinary training
- wraparound support that can include housing and emergency assistance
- transport
- health insurance
- childcare support
- weekly language classes and
- one-to-one life coaching.

Total project: $140,000 | Rise share: 38%

Why We Love This Program

- **It works:** Job placement outcomes (92%) prove it.
- **It is inclusive:** When deaf women participated, it resulted in the opening of a Sign Language Café.
- **It is free:** Participants receive holistic support at no cost.
- **It is community-focused:** Responses to earthquake recovery, frontline healthcare workers during Covid, and more turn culinary training into community connection.
- **It honors women's generational know-how:** The knowledge of women passed down through recipes, instincts, and resilience transcends formal education.
- **It encourages continued support:** When one woman rises at Amal, she lifts the next.

PARTICIPANT SPOTLIGHT

"When I applied for the Amal culinary training program, my only goal was to earn a diploma so that I wouldn't be exploited by employers," Maria said. "Previously, I worked in a villa, cleaning and cooking Moroccan cuisine from 7 a.m. to 10 p.m. When I complained about the long hours, my boss would tell me that since I didn't have a diploma, I should be grateful for the opportunity to work, rather than complain. But after starting the Amal program, I began learning new skills, like managing a storage room, and learning the art of customer service. Being at Amal opened my eyes to new horizons and the many possibilities. I never thought I could go abroad, but now I believe I can work toward that dream. Now, I have bigger dreams to pursue."

GO DEEPER ON AMAL

- Amal Website
- Watch: Maria in her own words
- Follow on Facebook
- Read: The founder's story

THE ISSUE, IN CONTEXT

- UN Women: Morocco
- Morocco: Country, Customs, and Cuisine
- UNICEF: Morocco
- UN: Intersection of Women's Rights and Disability Inclusion